# Center for Arthritis and Rheumatic Diseases

## Patient History Form

Date of first appointment: ____/____/____ (month / day / year) Time of appointment: _____ Birthplace: _____

Name: _____ (last / first / middle initial / maiden) Birthdate: ____/____/____ (month / day / year)

Address: _____ (street / apt#) Age _____ Sex: ❑ F ❑ M

_____ (city / state / zip) Telephone: Home: (____) Work: (____)

**MARITAL STATUS:** ❑ Never Married ❑ Married ❑ Divorced ❑ Separated ❑ Widowed

Spouse/Significant Other: ❑ Alive/Age _____ ❑ Deceased/Age _____ Major Illnesses: _____

**EDUCATION** *(circle highest level attended):*

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School _____

Occupation _____ Number of hours worked/Average per work: _____

Referred here by: *(check one)* ❑ Self ❑ Family ❑ Friend ❑ Doctor ❑ Other Health Professional

Name of person making referral: _____

The name of the physician providing your primary medical care: _____

Describe briefly your present symptoms: _____

_____

_____

_____

_____

Date symptoms began *(approximate)*: _____

Diagnosis: _____

Previous treatment for this problem *(include physical therapy, surgery and injections; medications to be listed later)*:

_____

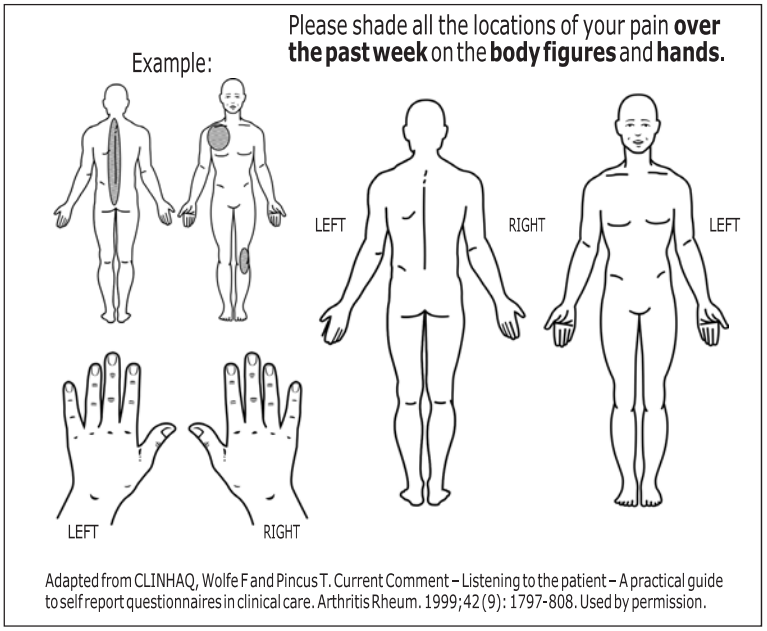
_____

_____

*Please list the names of other practitioners you have seen for this problem:*

_____

_____




Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment – Listening to the patient – A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42(9): 1797-808. Used by permission.

**RHEUMATOLOGIC (ARTHRITIS) HISTORY**

At any time have you or a blood relative had any of the following? *(check if "yes")*

| Yourself | | Relative Name/Relationship | Yourself | | Relative Name/Relationship |
|---|---|---|---|---|---|
| | Arthritis (unknown type) | | | Lupus or "SLE" | |
| | Osteoarthritis | | | Rheumatoid Arthritis | |
| | Gout | | | Ankylosing Spondylitis | |
| | Childhood Arthritis | | | Osteoporosis | |

Other arthritis conditions: _____

Patient's Name: _____ Date: _____ Physician Initials: _____

## SYSTEMS REVIEW

As you review the following list, please check any problems, which have significantly affected you:

Date of last mammogram: __/__/__ Date of last eye exam: __/__/__ Date of last chest x-ray: __/__/__

Date of last Tuberculosis Test __/__/__ Date of last bone densitometry __/__/__

**Constitutional**
- ❑ Recent weight gain amount _____
- ❑ Recent weight loss amount _____
- ❑ Fatigue
- ❑ Weakness
- ❑ Fever

**Eyes**
- ❑ Pain
- ❑ Redness
- ❑ Loss of vision
- ❑ Double or blurred vision
- ❑ Dryness
- ❑ Feels like something in eye
- ❑ Itching eyes

**Ears-Nose-Mouth-Throat**
- ❑ Ringing in ears
- ❑ Loss of hearing
- ❑ Nosebleeds
- ❑ Loss of smell
- ❑ Dryness in nose
- ❑ Runny nose
- ❑ Sore tongue
- ❑ Bleeding gums
- ❑ Sores in mouth
- ❑ Loss of taste
- ❑ Dryness of mouth
- ❑ Frequent sore throats
- ❑ Hoarseness
- ❑ Difficulty swallowing

**Cardiovascular**
- ❑ Chest Pain
- ❑ Irregular heart beat
- ❑ Sudden changes in heart beat
- ❑ High blood pressure
- ❑ Heart murmurs

**Respiratory**
- ❑ Shortness of breath
- ❑ Difficulty breathing at night
- ❑ Swollen legs or feet
- ❑ Cough
- ❑ Coughing of blood
- ❑ Wheezing (asthma)

**Gastrointestinal**
- ❑ Nausea
- ❑ Vomiting of blood or coffee ground material
- ❑ Stomach pain relieved by food or milk
- ❑ Jaundice
- ❑ Increasing constipation
- ❑ Persistent diarrhea
- ❑ Blood in stools
- ❑ Black stools
- ❑ Heartburn

**Genitourinary**
- ❑ Difficult urination
- ❑ Pain or burning on urination
- ❑ Blood in urine
- ❑ Cloudy, “smoky” urine
- ❑ Pus in urine
- ❑ Discharge from penis/vagina
- ❑ Getting up at night to pass urine
- ❑ Vaginal dryness
- ❑ Rash/ulcers
- ❑ Sexual difficulties
- ❑ Prostate trouble

***For Women Only:***

Age when periods began: _____

Periods regular? ❑ Yes ❑ No

How many days apart? _____

Date of last period? __/__/__

Date of last pap? __/__/__

Bleeding after menopause? ❑ Yes ❑ No

Number of pregnancies? _____

Number of miscarriages? _____

**Musculoskeletal**
- ❑ Morning stiffness

  Lasting how long?

  _____Minutes_____Hours
- ❑ Joint pain
- ❑ Muscle weakness
- ❑ Muscle tenderness
- ❑ Joint swelling

  *List joints affected in the last 6 mos.*

_____

_____

_____

**Integumentary (skin and/or breast)**
- ❑ Easy bruising
- ❑ Redness
- ❑ Rash
- ❑ Hives
- ❑ Sun sensitive (sun allergy)
- ❑ Tightness
- ❑ Nodules/bumps
- ❑ Hair loss
- ❑ Color changes of hands or feet in the cold

**Neurological System**
- ❑ Headaches
- ❑ Dizziness
- ❑ Fainting
- ❑ Muscle spasm
- ❑ Loss of consciousness
- ❑ Sensitivity or pain of hands and/or feet
- ❑ Memory loss
- ❑ Night sweats

**Psychiatric**
- ❑ Excessive worries
- ❑ Anxiety
- ❑ Easily losing temper
- ❑ Depression
- ❑ Agitation
- ❑ Difficulty falling asleep
- ❑ Difficulty staying asleep

**Endocrine**
- ❑ Excessive thirst

**Hematologic/Lymphatic**
- ❑ Swollen glands
- ❑ Tender glands
- ❑ Anemia
- ❑ Bleeding tendency
- ❑ Transfusion/when _____

**Allergic/Immunologic**
- ❑ Frequent sneezing
- ❑ Increased susceptibility to infection

Patient’s Name: _____ Date: _____ Physician Initials: _____

## SOCIAL HISTORY

Do you drink caffeinated beverages?

Cups/glasses per day?_____

Do you smoke? ❑ Yes ❑ No ❑ Past – How long ago?_____

Do you drink alcohol? ❑ Yes ❑ No Number per week _____

Has anyone ever told you to cut down on your drinking?

❑ Yes ❑ No

Do you use drugs for reasons that are not medical? ❑ Yes ❑ No

*If yes, please list:*_____

Do you exercise regularly? ❑ Yes ❑ No

Type_____

Amount per week_____

How many hours of sleep do you get at night?_____

Do you get enough sleep at night? ❑ Yes ❑ No

Do you wake up feeling rested? ❑ Yes ❑ No

## PAST MEDICAL HISTORY

Do you now have or have you ever had: *(check if "yes)*

| | | |
|---|---|---|
| ❑ Cancer | ❑ Heart problems | ❑ Asthma |
| ❑ Goiter | ❑ Leukemia | ❑ Stroke |
| ❑ Cataracts | ❑ Diabetes | ❑ Epilepsy |
| ❑ Nervous breakdown | ❑ Stomach ulcers | ❑ Rheumatic fever |
| ❑ Bad headaches | ❑ Jaundice | ❑ Colitis |
| ❑ Kidney disease | ❑ Pneumonia | ❑ Psoriasis |
| ❑ Anemia | ❑ HIV/AIDS | ❑ High Blood Pressure |
| ❑ Emphysema | ❑ Glaucoma | ❑ Tuberculosis |

Other significant illness *(please list)*_____

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.)

## PREVIOUS SURGERIES

| Type | Year | Reason |
|---|---|---|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |

Any previous fractures? ❑ No ❑ Yes *Describe:*_____

Any other serious injuries? ❑ No ❑ Yes *Describe:*_____

## FAMILY HISTORY

| | IF LIVING | | IF DECEASED | |
|---|---|---|---|---|
| | Age | Health | Age at Death | Cause |
| Father | | | | |
| Mother | | | | |

Number of siblings_____Number living_____Number decreased_____

Number of Children_____Number living_____Number decreased_____List ages of each_____

Health of children_____

**Do you know any blood relative who has or had: *(check and give relationship)***

| | | | |
|---|---|---|---|
| ❑ Cancer_____ | ❑ Heart disease_____ | ❑ Rheumatic fever_____ | ❑ Tuberculosis_____ |
| ❑ Leukemia_____ | ❑ High blood pressure_____ | ❑ Epilepsy_____ | ❑ Diabetes_____ |
| ❑ Stroke_____ | ❑ Bleeding tendency_____ | ❑ Asthma_____ | ❑ Goiter_____ |
| ❑ Colitis_____ | ❑ Alcoholism_____ | ❑ Psoriasis_____ | |

Patient's Name:_____Date:_____Physician Initials: _____

## MEDICATIONS

**Drug allergies:** ❑ No ❑ Yes If yes, please list: _____

Type of reaction: _____

**PRESENT MEDICATIONS** *(List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)*

| Name of Drug | Dose (include strength & number of pills per day) | How long have you taken this medication | Please check: *Helped?* | | |
|---|---|---|---|---|---|
| | | | A Lot | Some | Not At All |
| 1. | | | ❑ | ❑ | ❑ |
| 2. | | | ❑ | ❑ | ❑ |
| 3. | | | ❑ | ❑ | ❑ |
| 4. | | | ❑ | ❑ | ❑ |
| 5. | | | ❑ | ❑ | ❑ |
| 6. | | | ❑ | ❑ | ❑ |
| 7. | | | ❑ | ❑ | ❑ |
| 8. | | | ❑ | ❑ | ❑ |
| 9. | | | ❑ | ❑ | ❑ |
| 10. | | | ❑ | ❑ | ❑ |

**PAST MEDICATIONS:** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the results of taking the medication and list any reactions you may have had. *Record your comments in the spaces provided.*

| Drug names/Dose | Length of time | Please check: *Helped?* | | | Reactions |
|---|---|---|---|---|---|
| | | A Lot | Some | Not At All | |
| Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) | | ❑ | ❑ | ❑ | |
| *Circle any you have taken in the past*<br>Flurbiprofen Diclofenac + misoprostil Aspirin (including coated aspirin) Celecoxib Sulindac<br>Oxaprozin Salsalate Diflunisal Piroxicam Indomethacin Etodolac Meclofenamate<br>Ibuprofen Fenoprofen Naproxen Ketoprofen Tolmetin Choline magnesium trisalcylate Diclofenac | | | | | |
| **Pain Relievers** | | | | | |
| Acetaminophen | | ❑ | ❑ | ❑ | |
| Codeine | | ❑ | ❑ | ❑ | |
| Propoxyphene | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| **Disease Modifying Antirheumatic Drugs (DMArDS)** | | | | | |
| Certolizumab | | ❑ | ❑ | ❑ | |
| Golimumab | | ❑ | ❑ | ❑ | |
| Hydroxychloroquine | | ❑ | ❑ | ❑ | |
| Penicillamine | | ❑ | ❑ | ❑ | |
| Methotrexate | | ❑ | ❑ | ❑ | |
| Azathioprine | | ❑ | ❑ | ❑ | |
| Sulfasalazine | | ❑ | ❑ | ❑ | |
| Quinacrine | | ❑ | ❑ | ❑ | |
| Cyclophosphamide | | ❑ | ❑ | ❑ | |
| Cyclosporine A | | ❑ | ❑ | ❑ | |
| Etanercept | | ❑ | ❑ | ❑ | |
| Infliximab | | ❑ | ❑ | ❑ | |
| Tocilizumab | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |

Patient's Name: _____ Date: _____ Physician Initials: _____

**PAST MEDICATIONS** *Continued*

| Drug names/Dose | Length of time | Please check: *Helped?* | | | Reactions |
|---|---|---|---|---|---|
| | | A Lot | Some | Not At All | |
| **Osteoporosis Medications** | | | | | |
| Estrogen | | ❑ | ❑ | ❑ | |
| Alendronate | | ❑ | ❑ | ❑ | |
| Etidronate | | ❑ | ❑ | ❑ | |
| Raloxifene | | ❑ | ❑ | ❑ | |
| Fluoride | | ❑ | ❑ | ❑ | |
| Calcitonin injection or nasal | | ❑ | ❑ | ❑ | |
| Risedronate | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| **Gout Medications** | | | | | |
| Probenecid | | ❑ | ❑ | ❑ | |
| Colchicine | | ❑ | ❑ | ❑ | |
| Allopurinol | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| Other: | | ❑ | ❑ | ❑ | |
| **Others** | | | | | |
| Tamoxifen | | ❑ | ❑ | ❑ | |
| Tiludronate | | ❑ | ❑ | ❑ | |
| Cortisone/Prednisone | | ❑ | ❑ | ❑ | |
| Hyaluronan | | ❑ | ❑ | ❑ | |
| Herbal or Nutritional Supplements | | ❑ | ❑ | ❑ | |

*Please list supplements:*

Have you participated in any clinical trials for new medications? ❑ Yes ❑ No

*If yes, list:*

Patient's Name:_____ Date:_____ Physician Initials: _____

## ACTIVITIES OF DAILY LIVING

Do you have stairs to climb? ❑ Yes ❑ No *If yes, how many?*

How many people in household?_____ Relationship and age of each _____

Who does most of the housework?_____ Who does most of the shopping?_____ Who does most of the yard work?_____

On the scale below, circle a number which best describes your situation; *Most of the time, I function…*

| 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|
| VERY POORLY | POORLY | OK | WELL | VERY WELL |

**Because of health problems, do you have difficulty:**
*(Please check the appropriate response for each question.)*

| | Usually | Sometimes | No |
|---|---|---|---|
| Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.) | ❑ | ❑ | ❑ |
| Walking? | ❑ | ❑ | ❑ |
| Climbing stairs? | ❑ | ❑ | ❑ |
| Descending stairs? | ❑ | ❑ | ❑ |
| Sitting down? | ❑ | ❑ | ❑ |
| Getting up from chair? | ❑ | ❑ | ❑ |
| Touching your feet while seated? | ❑ | ❑ | ❑ |
| Reaching behind your back? | ❑ | ❑ | ❑ |
| Reaching behind your head? | ❑ | ❑ | ❑ |
| Dressing yourself? | ❑ | ❑ | ❑ |
| Going to sleep? | ❑ | ❑ | ❑ |
| Staying asleep due to pain? | ❑ | ❑ | ❑ |
| Obtaining restful sleep? | ❑ | ❑ | ❑ |
| Bathing? | ❑ | ❑ | ❑ |
| Eating? | ❑ | ❑ | ❑ |
| Working? | ❑ | ❑ | ❑ |
| Getting along with family members? | ❑ | ❑ | ❑ |
| In your sexual relationship? | ❑ | ❑ | ❑ |
| Engaging in leisure time activities? | ❑ | ❑ | ❑ |
| With morning stiffness | ❑ | ❑ | ❑ |
| Do you use a cane, crutches, walker or wheelchair? *(circle one)* | ❑ | ❑ | ❑ |

What is the hardest thing for you to do?_____

Are you receiving disability? ..... Yes ❑ No ❑

Are you applying for disability? ..... Yes ❑ No ❑

Do you have a medically related lawsuit pending? ..... Yes ❑ No ❑

Patient's Name:_____ Date:_____ Physician Initials: _____